

Global 《Centenarian Exempt-doctor of Times 》 come to already!

 The "**Lung-Airstreams Epidemic Prevention Law**" was very simple; as a child to teach just can be good at! 

This invention can to see at www.ycec.sg/HK/200128e.pdf or [.htm](#), the summary of Prevention Law below :

First. If a febrile patient of head cold, who only must by left finger to closing his left nostril after violently to inhaling to arrive at the bottom of right lung to inform the sensorium and again to vigorously to exhaust out of the right nostril, and afterwards change by right finger to closing the right nostril as left finger to motion three time each that just to bring down a fever! 

Second. If the inhale & exhaust that dynamics not enough as the aged or child, it is necessary to help by others to pat the left and right lungs let lung gas hole temporary can to expand that just favorable to run out the germs, if as the female or child it only need to pat the back ;

Third. If as for children who still don't know how to inhale and exhaust only can crawl all over that child, their parents or babysitters should always to hug by hand again by other hand to pat the back again light jump to tease, if the child still can to laugh more it inevitable effectively yet!

Fourth. However those who do not have a fever, especially in the spring and summer when the rain, temperature and humidity are infrequent or in the flu season, those who enter or leave the home include students or a large number of people such as assembly, only need to inhale and exhale by both noses two times also can easily to throw away the top of the lungs for a short while enter those germs, and especially as the staff of the hospital is just need at 2-3 hours of once and into the habit, then the conventional by germs virus to infect will no edge to discard the discard the epidemic mask! 

Above this invention already to known all over the world especially in all **USA's Uni**, unusual must to point out is, the "**Lung-Airstreams Epidemic Prevention Law**" just is the natural breathing habit of dogs, so it will not to cold or fever and already to know by many people!  Therefore, dogs just is heaven send for mankind a savior to resist fever of cold or today to fake crisis of **COVID-19** equal to lift at once, but the dog innate can't to speech, however, as HK's **Yuan Guoyong, SC Hui** or CP China's **ZhongNanshan** these so-called respiratory disease experts why can play a fool don't understand? And why still can to wear Medal of the Chinese Republic not to flush with shame, so the strange things to throughout?! 

 "**Saturated Saline**" of "**home health hygiene**" the same everyone must to use! 

This invention can to see at www.ycec.sg/HK/161007e.pdf or [.htm](#), the summary of hygiene below :

1. When the occasional as "measles" infected children whose respiratory tract inflammation to red and swelling that inevitably, but if only to pat the small buttocks and wait for to cry open mouth to see the small throat and then to spurt by the "saturated brine" if only one or two frequency of day for the throat, however, the irrigation scotch plastic bottle have 200ml can, but the spray nozzle must have two inches long and the gush-export no to exceed 30° radian for beneficial to near the respiratory tract of baby, and then, need not to be hospitalized, the red and swollen no find or gradually to fade in 2-3 days can also be seen!

 On account of "measles" that is a half to occult blood and carrion germs of the same clan, however because unique permeability of saline maybe no way to abscond as the "measles" etc. germs, so any antibiotics or other now today those disinfectant to prove definitely inferior and no any a side effect!

2. The "saturated brine" still for a health care products to essential at home, once gynecological vulvae or male genital if have a little to infect itch or inflamed time that must at once to spurt, or clear-cut to sit a tray to soak about 5-10 minute only can to disappear completely for rare pathological changes to let include possible cervical carcinoma etc. to come to naught and maybe all the vaccine go to hell, so "the doctor for life go away from me!"! 

3. Third, since the " disease from the mouth " has early come to a conclusion since ancient times, and to see the www.ycec.sg/page2.htm, as on Oct., 16, 1997, when I stand my this website time, here had a thesis of 《**On the influence of oral hygiene on the human life On the influence of oral hygiene on the human life**》 to urgent on the drafting of publishing ... , but now the medical profession only in the so-called " x expert or x branded elixir of in

pay the vortex " spin as today's vaccine shame, but few people to concerned about the mouth smelly fluid on every day of sleep after for liver detoxification function of the security key importance :

☞ That is on account of clean one's teeth also difficult thoroughly for mouth cavity, because after to sleep, in air those germs at once in to mouth cavity to breed poison that even if have not tooth old man the same can not to well out of well out of!

Therefore, after waking up, those smelly liquid everyone cannot to deglutition, otherwise, it despite the short-term nothing but will start the trouble to liver detoxification function can't to stop over, as this, the detoxify only for the liver that function to speed up to fail inevitably, so the life-span to shorten undoubtedly! ☞

And although the smelly oral liquid also has spit out after sleep, but entered the mouth again to the throat connecting the respiratory tract those germs with the breed toxins to have no way of doing by clean one's teeth without anybody not to know, this only is modern interpretation of "disease from the mouth" no remote antiquity to have a smattering of knowledge! ☞

As a result, "**saturated brine**" in here again can come to handy! In addition to the action of self-control is difficult old man or a small child must to assist by other people to spray, an ordinary people only must by (around 4ml) "**saturated brine**" or in about half of a soda pop bottle cover aim at the nasopharyngeal between throat to splash into that only can come to the best of disinfect effect, which only can to ensure the body that detoxify function no to fail after to hundred ill no to occur and then could be to exceed hundred age for the highest state of doctor to removed from me! ☞

As the www.ycec.sg/SG/181018-Oxford.pdf, above the "**home health hygiene**" by "**Saturated Saline**" already to know the world, and with above the "**Lung-Airstreams Epidemic Prevention Law**" in the meanwhile to use, life expectancy will to **130years old** is also easy, hospitals and clinic also It will be greatly reduced!

And any plague as today to **fraud** of **COVID-19** with "**virus vaccine**" that medical scams including **WHO** this trash will go to hell forever! ☞